



**Neurovariants are not disorders to be cured, but rather a valuable aspect of human diversity.**



**MYTH**

**BUSTERS#2**



**Respecting all forms  
of communication  
including typing is  
respecting neuro  
variants. Aditi**



**MYTH**

**BUSTERS#2**



**Neurovariance can create a different set of strengths, skills, and abilities, not just challenges. My (neurodivergent) strengths/challenges can complement your(neurotypical) strengths/challenges—together, our/team is stronger! Stephanie**



**MYTH**

**BUSTERS#2**



**We like this post but disregarding neurodivergent physical health differences/disorders is not so supportive for us (leading to trauma) apart from chronic ill health and can be lifelimiting. We believe we need to re shift the conversations and themes to be inclusive of body and mind. SEDSConnective**



**MYTH**

**BUSTERS#2**



**Together we're  
busting the  
myths around  
neurodiversity!**



**MYTH**

**BUSTERS**



**We'd love to  
hear your  
thoughts,  
stories and  
comments.**



**MYTH**

**BUSTERS**